



Newsletter

INNISFAIL SWIM MEET

Our Swim Meet is just around the corner! Just a few reminders for you:

FRIDAY JULY 8TH

We need volunteers to be at the pool at 7:30 to help set up. This is a big job so the more hands we have the quicker it will go! As an incentive the Cossey's have generously opened their home to all that come to help for a get together to help everyone wind down!

Please bring the food you have signed up for. We will have to make up platters and set up the concession. it will make everyone's job easier if we can get everything together early!

Remember families last names beginning:

A-J - 1 dozen cookies.

K-Z - 1 dozen muffins.

SATURDAY JULY 9TH

We are in need of some muscle to help set up the big tents and to tarp off our swimmers area. Please come to the pool at 6 am to help out.

Everyone should show up early to ensure everything is ready for the meet. Everyone has a position to fill for the meet, please ensure that you have signed up for a position and are at your post when scheduled.

If you have signed up to bring water please ensure it is cold. Putting it in the freezer the night before the meet is a quick way to cool it off.

Come to the Campground after the meet for a team get together. Come and get to know each other outside of the sweltering pool deck!

McFlurries

As some of you may have noticed, it's McFlurry season again! Here's how it works!

After every meet every person in the club that has taken more than 20 seconds off their time receives a McFlurry certificate from McDonalds for a tasty treat.

There are 4 other draws that are randomly picked from those to took of time in the following categories

- : .01 - 5 seconds off
- : 5.01 - 10 seconds off
- : 10.01 - 15 seconds off
- : 15.01 - 20 seconds off

Winners of the McFlurries have their names on the meet posters in red.